



Term 2 Timetable – 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																
MORNING CLASSES																					
NO CLASSES	NO CLASSES	NO CLASSES	NO CLASSES	NO CLASSES	10:00am TAEKWONDO PARENTS & KIDS NOT INCLUDED IN TERM FEES																
AFTERNOON & EVENING CLASSES																					
4:00pm TAEKWONDO JUNIOR Beginners & Yellow Belts	4:00pm TAEKWONDO PEEWEE Beginner, Orange & Yellow 1 & 2	4:00pm TAEKWONDO JUNIOR Beginners & Yellow Belts	**5:00pm** TAEKWONDO TECHNICAL SPORT All Belts	NO CLASSES	NO CLASSES																
5:00pm TAEKWONDO JUNIOR Blue Belts	4:45pm TAEKWONDO PEEWEE Yellow Belts 3, 4, 5 & 6	5:00pm TAEKWONDO JUNIOR Blue Belts	6:30pm TAEKWONDO BLACK BELTS																		
6:00pm TAEKWONDO JUNIOR & SENIOR Red Belts	**5:30pm** TAEKWONDO JUNIOR OLYMPIC SPORT	6:00pm TAEKWONDO JUNIOR & SENIOR Red Belts	**8:15pm** TAEKWONDO SENIORS OLYMPIC SPORT																		
7:00pm TAEKWONDO SENIOR Beginner, Yellow & Blue Belts	6:30pm TAEKWONDO BLACK BELTS	7:00pm TAEKWONDO SENIOR Beginner, Yellow & Blue Belts	CLASS DURATIONS																		
		8:15pm TAEKWONDO STRENGTH & CONDITIONING	<table style="width: 100%; border: none;"> <tr> <td style="padding: 2px;">PEEWEE (4-7 years)</td> <td style="text-align: right; padding: 2px;">45 Minutes</td> </tr> <tr> <td style="padding: 2px;">JUNIOR (8-12 years)</td> <td style="text-align: right; padding: 2px;">60 Minutes</td> </tr> <tr> <td style="padding: 2px;">SENIOR & RED BELTS (13 years+)</td> <td style="text-align: right; padding: 2px;">75 Minutes</td> </tr> <tr> <td style="padding: 2px;">BLACK BELTS</td> <td style="text-align: right; padding: 2px;">90 Minutes</td> </tr> <tr> <td style="padding: 2px;">STRENGTH & CONDITIONING</td> <td style="text-align: right; padding: 2px;">90 Minutes</td> </tr> <tr> <td style="padding: 2px;">TECHNICAL SPORT</td> <td style="text-align: right; padding: 2px;">75 Minutes</td> </tr> <tr> <td style="padding: 2px;">JUNIOR OLYMPIC SPORT</td> <td style="text-align: right; padding: 2px;">60 Minutes</td> </tr> <tr> <td style="padding: 2px;">SENIOR OLYMPIC SPORT</td> <td style="text-align: right; padding: 2px;">60 Minutes</td> </tr> </table>			PEEWEE (4-7 years)	45 Minutes	JUNIOR (8-12 years)	60 Minutes	SENIOR & RED BELTS (13 years+)	75 Minutes	BLACK BELTS	90 Minutes	STRENGTH & CONDITIONING	90 Minutes	TECHNICAL SPORT	75 Minutes	JUNIOR OLYMPIC SPORT	60 Minutes	SENIOR OLYMPIC SPORT	60 Minutes
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4 WEEKS OF FREE TAEKWONDO LESSONS TO ALL NEW STUDENTS

That's right, whether you are a beginner, a Black Belt, or anything in between, if you are new to Melbourne Taekwondo Centre – Diamond Valley you get

4 WEEKS FREE!

Call or Email us to book in for classes NOW.

Factory 5 - 9 Peel St, Eltham 3095

Phone: 8418 0799 Email: diamond_valley@taekwondo.com.au
Website: www.taekwondo.com.au and www.taekwondo.com.au/dv

Times with ** before and after (Sport Taekwondo and Strength & Conditioning Classes) are BONUS CLASSES. They are not charged in your term fees and, as such, are not subject to refunds due to cancellation.