



## Term 1 Timetable – 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																
<b>MORNING CLASSES</b>																					
<b>NO CLASSES</b>	<b>NO CLASSES</b>	<b>NO CLASSES</b>	<b>NO CLASSES</b>	<b>NO CLASSES</b>	<b>10:00am TAEKWONDO PARENTS &amp; KIDS NOT INCLUDED IN TERM FEES</b>																
<b>AFTERNOON &amp; EVENING CLASSES</b>																					
<b>4:00pm TAEKWONDO JUNIOR</b> Beginners & Yellow Belts	<b>4:00pm TAEKWONDO PEEWEE</b> Beginner, Orange & Yellow 1 & 2	<b>4:00pm TAEKWONDO JUNIOR</b> Beginners & Yellow Belts	<b>**5:00pm** TAEKWONDO TECHNICAL SPORT</b> All Belts	<b>NO CLASSES</b>	<b>NO CLASSES</b>																
<b>5:00pm TAEKWONDO JUNIOR</b> Blue Belts	<b>4:45pm TAEKWONDO PEEWEE</b> Yellow Belts 3, 4, 5 & 6	<b>5:00pm TAEKWONDO JUNIOR</b> Blue Belts	<b>6:30pm TAEKWONDO BLACK BELTS</b>																		
<b>6:00pm TAEKWONDO JUNIOR &amp; SENIOR</b> Red Belts	<b>**5:30pm** TAEKWONDO JUNIOR OLYMPIC SPORT</b>	<b>6:00pm TAEKWONDO JUNIOR &amp; SENIOR</b> Red Belts	<b>**8:15pm** TAEKWONDO SENIORS OLYMPIC SPORT</b>																		
<b>7:00pm TAEKWONDO SENIOR</b> Beginner, Yellow & Blue Belts	<b>6:30pm TAEKWONDO BLACK BELTS</b>	<b>7:00pm TAEKWONDO SENIOR</b> Beginner, Yellow & Blue Belts	<b>CLASS DURATIONS</b>																		
		<b>**8:15pm** TAEKWONDO STRENGTH &amp; CONDITIONING</b>	<table style="width: 100%; border: none;"> <tr> <td style="padding: 2px;">PEEWEE (4-7 years)</td> <td style="text-align: right; padding: 2px;">45 Minutes</td> </tr> <tr> <td style="padding: 2px;">JUNIOR (8-12 years)</td> <td style="text-align: right; padding: 2px;">60 Minutes</td> </tr> <tr> <td style="padding: 2px;">SENIOR &amp; RED BELTS (13 years+)</td> <td style="text-align: right; padding: 2px;">75 Minutes</td> </tr> <tr> <td style="padding: 2px;">BLACK BELTS</td> <td style="text-align: right; padding: 2px;">90 Minutes</td> </tr> <tr> <td style="padding: 2px;">STRENGTH &amp; CONDITIONING</td> <td style="text-align: right; padding: 2px;">90 Minutes</td> </tr> <tr> <td style="padding: 2px;">TECHNICAL SPORT</td> <td style="text-align: right; padding: 2px;">75 Minutes</td> </tr> <tr> <td style="padding: 2px;">JUNIOR OLYMPIC SPORT</td> <td style="text-align: right; padding: 2px;">60 Minutes</td> </tr> <tr> <td style="padding: 2px;">SENIOR OLYMPIC SPORT</td> <td style="text-align: right; padding: 2px;">60 Minutes</td> </tr> </table>			PEEWEE (4-7 years)	45 Minutes	JUNIOR (8-12 years)	60 Minutes	SENIOR & RED BELTS (13 years+)	75 Minutes	BLACK BELTS	90 Minutes	STRENGTH & CONDITIONING	90 Minutes	TECHNICAL SPORT	75 Minutes	JUNIOR OLYMPIC SPORT	60 Minutes	SENIOR OLYMPIC SPORT	60 Minutes
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### 4 WEEKS OF FREE TAEKWONDO LESSONS TO ALL NEW STUDENTS

That's right, whether you are a beginner, a Black Belt, or anything in between, if you are new to Melbourne Taekwondo Centre – Diamond Valley you get

**4 WEEKS FREE!**

Call or Email us to book in for classes NOW.

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Website: [www.taekwondo.com.au](http://www.taekwondo.com.au)    and    [www.taekwondo.com.au/dv](http://www.taekwondo.com.au/dv)

Times with \*\* before and after (Sport Taekwondo and Strength & Conditioning Classes) are BONUS CLASSES. They are not charged in your term fees and, as such, are not subject to refunds due to cancellation.