



MELBOURNE TAEKWONDO CENTRE BOROONDARA BRANCH



WEEKLY TRAINING SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time	Saturday
Daytime				11:30 - 12:30 Taekwondo (all levels)		9:00 to 9:30 am	
4:30 to 5:00 pm			Pee-Wee Beginners (5-7 y.o.)			9:30 to 10:00 am	Family Taekwondo
5:00 to 5:30 pm						10:00 to 10:30 am	Family Red Belts
5:30 to 6:00 pm		Junior Beginners White Belt to Yellow 2		Junior Beginners White Belt to Yellow 2		10:30 to 11:00 am	Taekwondo Blue Belts
6:00 to 6:30 pm	Junior Red Belts		Junior Red Belts			11:00 to 11:30 am	Family Taekwondo Beginners & Yellow Belts
6:30 to 7:00 pm		Junior Yellow 3 to Blue 3		Junior Yellow 3 to Blue 3		11:30 to 12:00 pm	
7:00 to 7:30 pm	Junior Black Belts		Junior Black Belts			12:00 to 12:30 pm	Haedong Kumdo (Korean Sword)
7:30 to 8:00 pm		Senior Beginners		Senior Beginners		12:30 to 1:00 pm	
8:00 to 8:30 pm	Senior Black Belts	Senior White & Yellow	Senior Black Belts	Senior White & Yellow		1:00 to 1:30 pm	Melbourne Maniacs Sport Fight Class
8:30 to 9:00 pm		Senior Blue & Red	Senior Black Belts	Senior Blue & Red		1:30 to 2:00 pm	2 nd wk to 2 nd last wk of Term
9:00 to 9:30 pm						2:00 to 2:30 pm	
						2:30 to 3:00 pm	